# International Symposium on Spine and Paravertebral Sonography for Anaesthesia and Pain Medicine 2011

issps2011 Hong Kong (18-20<sup>th</sup> March 2011)

Venue: Postgraduate Education Centre, Prince of Wales Hospital, The Chinese University of Hong Kong, Shatin, Hong Kong.

www.usgraweb.hk/issps2011

## **Scientific Program**

Organized by: The Department of Anaesthesia and Intensive Care
The Chinese University of Hong Kong
Prince of Wales Hospital
Shatin, New Territories
Hong Kong

## International Symposium on Spine and Paravertebral Sonography for Anaesthesia and Pain Medicine 2011

## 18th March 2011 (Friday): issps2011 Day 1

### 0700-0730 h: Registration and Breakfast

#### issps2011 - Session 1, Moderator: Dr. M.K.Karmakar

0730-0740 h: Welcome Address. Dr. Manoj K Karmakar

0740-0805 h: Ultrasound Guided Peripheral Nerve Blocks – Where Are We Today? Dr. Vincent Chan

0805-0830 h: Single injection versus Continuous Nerve Blocks - Evidence Based Review. Dr. Admir Hadzic

0830-0855 h: Ultrasound Guided Perineural Catheter Placement - Challenges and Pearls for Success. Dr. Edward R Mariano

0855-0920 h: Intraneural Injections and Block Quality: Are they Beneficial or Reckless? Dr. Xavier Sala Blanch

0920-0930 h: Panel Discussion. Drs. Vincent Chan, Admir Hadzic, Xavier Sala Blanch and Edward Mariano

0930-1000 h: Break with the Exhibitors

#### issps2011 - Session 2, Moderator: Dr. P.T.Chui

1000-1020 h: Monitoring during Regional Anaesthesia. Dr. Jeff Gadsden

1020-1040 h: Ultrasound Guided TAP Blocks. Dr. Peter Hebbard

1040-1100 h: Advanced Sciatic Nerve Block Techniques (Parasacral, Gluteal and Anterior Approach). Dr. Eryk Eisenberg

1100-1120 h: Integrating Ultrasound teaching into an Anaesthesia Training Program. Dr. Alwin Chuan

1120-1140 h: Implementing USGRA in Clinical Practice. Dr. Victor Chee

1140-1200 h: Education and Competency in USGRA. Who should be doing it and after what Training and Assessment? Dr. Graham Hocking

1200-1215 h: Panel Discussion. Drs. Victor Chee, Graham Hocking, Eryk Eisenberg and Jeff Gadsden

1215-1315 h: Lunch with the Exhibitors

#### 1315-1745 h: issps2011 Workshop 1: Ultrasound for Regional Anaesthesia

Station 1: Brachial Plexus Block above the Clavicle - Interscalene and Supraclavicular. Drs. Vincent Chan, Samer Narouze, Carina Li

Station 2: Brachial Plexus Block below the Clavicle - Infraclavicular and Axillary. Drs. Steve Roberts, K.J.Chin, Peter Cheng and Park Hue Jung

Station 3: Lower Extremity Blocks I - Sciatic Nerve block (Parasacral, Gluteal, Subgluteal, Mid-thigh and Popliteal) Drs. Eryk Eisenberg, Xavier Sala Blanch, and Jeffrey Kua

Station 4: Lower Extremity Blocks II - Femoral, Obturator, Saphenous and Lateral Femoral Cutaneous Nerves. Drs. Ban Tsui, Edward Mariano, Thomas Clark and Yasuyuki Shaibata

Station 5: Lower Extremity Blocks III - Lumbar Plexus Block. Drs. Admir Hadzic, Victor Chee, Jeff Gadsden, Catherine Vandepitte, M.K.Karmakar

Station 6: Ultrasound Guided Ankle Blocks for Fore foot surgery. Drs Graham Hocking, W.H.Kwok, Shankar Hariharan and Belinda Wong

Station 7: Abdominal Wall Blocks - Iliohypogastric, Ilioinguinal nerves, and TAP. Drs. Peter Hebbard, Suresh Santhanam, Alwin Chuan, Sean Lin

Station 8: Ultrasound Phantom and Needling Techniques. Drs. Tim Brake, Bassanio Law, Peggy Li

1315-1515 h: Workshop 1 - Session 1 (4 stations, 30 min each)

1515-1545 h: Break with the Exhibitors

1545-1745 h: Workshop 1 - Session 2 (4 stations, 30 min each)

#### End of Day 1

## 19th March 2011 (Saturday): issps2011 Day 2

0700-0800 h: Breakfast with the Exhibitors

### issps2011 - Session 3, Moderator: Prof. Tony Gin

0800-0825 h: Ultrasound Imaging of the Cervical Spine and Injection Techniques. Dr. Samer Narouze

0825-0850 h: Ultrasound Imaging of the Lumbar Spine and Injection Techniques. Dr. Ki Jinn Chin

0850-0915 h: Ultrasound Imaging of the Lumbar Paravertebral Region and Injection Techniques. Dr. Manoj K Karmakar 0915-0940 h: Ultrasound Imaging of the Thoracic Spine and Paravertebral Region and Injection Techniques. Dr. Yasuyuki Shibata

0940-1005 h: Ultrasound Imaging of the Sacrum and Injection Techniques (caudal epidural, sacral trans-foraminal, ganglion impar and sacro-iliac joint). Dr. Sean Lin

1005-1015 h: Panel Discussion. Drs. Samer Narouze, Ki Jinn Chin, M.K.Karmakar, Yasuyuki Shibata and Sean Lin

1015-1045 h: Break with the Exhibitors

#### issps2011 - Session 4, Moderator: Dr. Manoj K Karmakar

1045-1110 h: Understanding the Pathophysiology of the Difficult Spine (Scoliosis, Ankylosing Spondylosis, Osteoporosis, Rheumatoid Atrhritis and Operated Backs). Dr. Shekhar M Kumta

1110-1135 h: Understanding the Sonoanatomy of the Scoliotic Spine. Dr. Wing Hong Kwok

1135-1200 h: 3D 4D Ultrasound Imaging in Regional Anaesthesia. Dr. M.K.Karmakar

1200-1225 h: Ultrasound Guided Regional Anaesthesia in Young Children. Dr. Steve Roberts

1225-1250 h: Integrating USGRA to the current paediatric anaesthesia training program - why, who, how and when. Dr. Santhanam Suresh

1250-1300 h: Panel Discussion. Dr. Shekhar M Kumta, Wing Hong Kwok, Steve Roberts, Santhanam Suresh and M.K.Karmakar

1300-1400 h: Lunch with the Exhibitors

#### Parallel Session 5A: Ultrasound for Regional Anaesthesia, Moderator: Dr.P.T.Chui

- 1400-1425 h: Doppler Sonography and Its Role in Regional anaesthesia. Dr. W.H.Kwok
- 1425-1450 h: Thoracic Epidural Catheterization in Young Children via the Caudal Route using Ultrasound and Electrical Nerve Stimulation.

  Dr. Ban Tsui
- 1450-1515 h: Ultrasound for Central Neuraxial Blocks in the Obstetric Patient. Dr. Peter Hebbard
- 1515-1540 h: Ultrasound for Central Neuraxial Blocks Literature Review. Dr. Jeff Gadsden
- 1540-1600 h: New Applications of Ultrasound in Anaesthesia and Future Trends in Regional Anaesthesia. Dr. Vincent Chan
- 1600-1610 h: Panel Discussion. Drs. W.H.Kwok, Ban Tsui, Peter Hebbard, Jeff Gadsden and Vincent Chan
- 1610-1640 h: Break with the Exhibitors

#### Parallel Session 5B: Ultrasound for Pain Medicine, Moderator: Dr. Carina Li

- 1400-1420 h: US-guided Peripheral Nerve Blocks for Pain Management Greater Occipital, Suprascapular, Intercostal and Pudendal Nerves. Dr. Samer Narouze
- 1420-1445 h: US-guided Interventions for Low Back Pain I (Lumbar Approach Medial branch block, Selective lumbar nerve root injection, Quadratus Lumborum and Piriformis Injection). Dr. Sean Lin
- 1445-1510 h: Ultrasound Guided Interventions in Pain Medicine Supraorbital, Supratrochlear and Inferior orbital nerve block, Trigger point injection and Release of fibrous adhesions in nerve entrapment. *Dr. Carina Li*
- 1510-1535 h: Ultrasound Guided Interventions for Low Back Pain II (Sacral Approach Caudal epidural, sacral transforaminal / sacral root and Sacroiliac joint Injections. Dr. D.E.Moon
- 1535-1600 h: Musculoskeletal Ultrasonography Its Diagnostic and Therapeutic Potential in Pain Medicine. Dr. Peter Cheng
- 1600-1610 h: Panel Discussion. Dr. Samer Narouze, Sean Lin, Carina Li, D.E. Moon, Peter Cheng
- 1610-1640 h: Break with the Exhibitors

#### issps2011 - Session 6: Expert Scanning Demonstration, Moderator: Dr.M.K.Karmakar

- 1630-1640 h: Ultrasound imaging for common Peripheral nerve blocks in children. Dr. Steve Roberts
- 1640-1650 h: A Master Class in Cervical Spine Imaging. Dr. Thomas Clark
- 1650-1700 h: Ultrasound Guided Interventions in Pain Medicine (Suprascapular nerve, Intercostal, Stellate Ganglion). Dr. Samer Narouze
- 1700-1710 h: Lumbar Spine Imaging. Dr. Edward Mariano
- 1710-1720 h: Lumbar Paravertebral Imaging for Psoas Compartment Block. Dr. M.K.Karmakar
- 1720-1730 h: Ultrasound Imaging for TAP and Iliohypogastric / Ilioinguinal Nerve Blocks. Dr. Peter Hebbard
- 1730-1740 h: Ultrasound Imaging of the Shoulder, Hip and Knee Joints. Dr. Peter Cheng
- 1740-1750 h: Ultrasound Imaging for Ankle Blocks. Dr. Graham Hocking
- 1750-1800 h: Q&A Session
- 1800 h: Concluding Remarks and Adjournment

#### End of Day 2

#### 20th March 2011 (Sunday), icana2011 Day 2

## 20th March 2011 (Sunday): issps2011 Day 3

0700-0800 h: Breakfast with the Exhibitors

#### issps2011 Workshop

- 0800-1230 h: Workshop 2A: Spinal Sonography for Anaesthesia (Venue PEC, Limited to 76 participants)
- 0800-1000 h: Workshop 2A: Session 1 (Rotate through 3 stations, 40 min each)
- 1000-1030 h: Break with the Exhibitors
- 1030-1230 h: Workshop 2A: Session 2 (Rotate through 3 stations, 40 min each)
- 1230-1330 h: Lunch with the Exhibitors

#### 0815-1220 h: Workshop 3A: Sonography for Pain Medicine Workshop (Venue - Day Surgery Unit, Limited to 50 participants)

- 0815-0955 h: Workshop 3A: Session 1 (Rotate through 2 stations, 50 min each)
- 0955-1040 h: Break with the Exhibitors at the PEC
- 1040-1220 h: Workshop 3A: Session 2 (Rotate through 2 stations, 50 min each)
- 1230-1330 h: Lunch with the Exhibitors

#### 1330-1800 h: Workshop 2B: Spinal Sonography for Anaesthesia (Venue – PEC, Limited to 76 participants)

- 1330-1530 h: Workshop 2B: Session 1 (Rotate through 3 stations, 40 min each)
- 1530-1600 h: Break with the Exhibitors
- 1600-1800 h: Workshop 2B: Session 2 (Rotate through 3 stations, 40 min each)

#### 1345-1745 h: Workshop 3B: Sonography for Pain Medicine Workshop (Venue - Day Surgery Unit, Limited to 50 participants)

- 1345-1525 h: Workshop 3B: Session 1 (Rotate through 2 stations, 50 min each)
- $1525\text{-}1605\ h$ : Break with the Exhibitors at the PEC
- 1605-1745 h: Workshop 3B: Session 2 (Rotate through 2 stations, 50 min each)

1800 h: Symposium Ends

### Workshop 2A and 2B: Spinal Sonography for Anaesthesia (Venue - PEC)

- Station 1: Lumbar Spine Imaging. Drs. P. Hebbard, K.J.Chin, Edward Mariano, Graham Hocking
- Station 2: Lumbar Paravertebral Imaging Drs. Vincent Chan, Dr. Admir Hadzic, Jeff Gadsden, Victor Chee
- Station 3: Paediatric Spine Imaging. Drs. Santhanam Suresh, Ban Tsui and Steve Roberts
- Station 4: Thoracic Spine and Paravertebral Imaging. Drs. Eryk Eisenberg, Alwin Chuan, Catherine Vandepitte, Xavier Sala Blanch

- Station 5: Spinal Phantom and Ultrasound Guided Central Neuraxial Techniques. Drs. P.T. Chui, Polly Chan, Bassanio Law, (Candy Chiu, Sylvia Au) and Sharon Li
- Station 6: Difficult Spine Imaging Scoliosis and Spinal Instrumentation. Drs. W.H.Kwok, Jeffrey Kua, and Emily Koo, (M.K.Karmakar)

#### Workshop 3A and 3B: Sonography for Pain Medicine Workshop (Venue - Day Surgery Unit)

- **Station 1**: Cervical Spine and Paravertebral Imaging (Include Cervical Facet, Medial Branch, Stellate ganglion and Greater Occipital Nerve Block) *Drs. Samer Narouze, Peggy Li and Tim Brake*
- Station 2: Thoracolumbar Spine, Intercostal and Paravertebral Imaging for Chronic Pain Intervention. Drs. Yasuyuki Shibata, Carina Li, and Belinda Wong
- Station 3: Sacral Spine and Sacroiliac Joint Imaging for Chronic Pain Interventions. Drs. Sean C.S. Lin, Park Hue Jung and Shankar Hariharan
- Station 4: Musculoskeletal Imaging for Pain Medicine (Includes Suprascapular nerve, Piriformis muscle and Pudendal Nerve Injection + .Hip/Knee/Shoulder Joint Injection. Drs. Peter Cheng, Thomas Clark\* and Kristie Tsang

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